

BRACES REMOVAL & CONSENT FORM

I am happy with the position of my teeth and I understand they have reached their final position with the current treatment. I understand that once the braces are removed it will not be possible to adjust the position of my teeth further.

RETAINER INSTRUCTIONS & RESPONSIBILITIES

I understand that I have the following responsibilities:

1. I will wear my retainers 22 hours a day for the first 3 months followed by night-time wear for life. This protocol applies to any kind of orthodontic treatment received.
2. I will not wear my removable retainers during eating and drinking to prevent damage.
3. I will keep my retainers in the retainer box when I am not wearing them.
4. I will maintain my scheduled retention appointments as prescribed by my dentist.
5. I will bring my removable retainers in when I have my check-up appointments.
6. I will clean around my bonded retainer/s.
7. I will call the office immediately if my retainers break or don't fit properly.
8. Full instructions on the back of this form – please turn over.

LOST OR BROKEN RETAINERS

1. Your retainers are made using only the best possible material.
2. If a retainer is lost or damaged, call our office immediately to schedule an appointment.
3. There will be a laboratory fee for every replacement retainer payable, unless stated otherwise. Currently this fee is £60/retainer or £120 per retainer set.
4. If further treatment is required due to unexpected growth or non-compliant retainer wear, additional charges will apply.

I understand the above information and I had an opportunity to ask any questions that were answered adequately.

INVALIDATION OF THE GUARANTEE

Should I fail to attend for the regular maintenance (routine examinations and hygienist visits) as requested, to the extent that the lapse is 3 months or more from the due date of the maintenance, then any guarantees given will be void. It will be up to the treatment provider whether to reinstate the guarantees if the patient agrees to attend for regular maintenance moving onwards.



I have been offered membership of the IGDP BRACES

CLUB FULL NAME

DATE



SIGNATURE

Islington Green Dental Practice
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RETENTION AFTER YOUR

INVISALIGN®/LINGUAL/FASTBRACES® TREATMENT Prepared for

Master Ted Smith

What are retainers?

Retainers are appliances that maintain and hold the alignment of your teeth and the improvement of your bite after the completion of active orthodontic treatment. They are usually passive and are not designed to move teeth. Even after orthodontic treatment, your teeth can lose their alignment throughout growth and even in adulthood. For example, most people notice increasing irregularity of their lower front teeth with age. Retainers are designed to prevent such undesirable changes.

Why are retainers needed?

After orthodontic treatment, when your retainers are moved, your teeth can shift out of position if they are not stabilised. Retainers stabilise teeth in their corrected, ideal positions so that the jawbone and gum surrounding the teeth have an opportunity to adapt to the treatment changes. If you don't wear retainers the irregularity of your teeth is likely to relapse to some degree, and it will

be very hard to correct again. Wearing retainers exactly as instructed is the best guarantee of keeping your teeth straight for a lifetime.

Types of retainers

Wrap-around retainers are removable. You must be very careful when handling your retainers, as they are fragile and costly to replace. You are given a special case for your retainer; please make sure you keep them in this case when not wearing it! If retainers are lost or broken call us immediately. Your retainers should be worn as directed with the exception of eating and brushing your teeth. Your retainers should also be removed when participating in sports that require a mouthguard or while swimming.

Removable retainers are worn at night time for the first few months and then for 15 minutes a day for the rest of your life, unless instructed otherwise. You should then keep wearing your removable retainers for as long as possible; in other words for as long as you want your teeth to remain straight! This is called 'long-term retention'.

Your final orthodontic result depends on your retainers, so follow through with the hard work you've put in so far.

Fixed or bonded retainers are made from a fine piece of special wire that is stuck to the back of the teeth so that it is not visible from the front. Not all cases are suitable and the decision to have it fitted depends on various factors. Sometimes a combination of both types of retainers is used.

General care for your retainers

To clean these retainers brush them with liquid soap (sometimes with denture cleaner) using cold water. Do not attempt to "sterilize" them in hot water or leave them in/on a hot surface.

They may change shape and no longer fit.

Always store your retainers in the case provided when not being worn. Never leave them lying around or wrapped in a tissue.

They could get damaged, lost, or accidentally thrown away. Keep retainers away from hot water, hot car dashboards, pockets, the washing machine, and pets (they love to chew on them!). Always bring your retainers to your appointments.

Remember to remove your retainer before brushing, and brush your retainer before placing it back in your mouth.

Prices



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Your first set of retainers will not be charged to you. The first set should last you about 3-6 months. Replacement retainer set: £120. The new aligners will be available within 24 hours.